## The Grand Rounds Experience

## **Back Pain**

We've helped thousands of Grand Rounds Members get to the right specialists and best treatment plans for chronic back pain and other medical conditions.



Meet Bob 28 Years Old Seattle, WA Operations Full-time Employee Bob injured his back in a car accident. A local specialist suggests back surgery, but Bob feels uncertain and overwhelmed. A coworker recommends Grand Rounds. Bob reaches out to find out how they can help.



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A Grand Rounds doctor listens to Bob's concerns about surgery. He matches Bob with a world-class orthopedic expert for a second opinion.



Bob receives the written report.
He reviews it with a Grand Rounds doctor who answers all his questions.

The orthopedic expert reviews Bob's records and writes a detailed report. She recommends pain management instead of back surgery.

The Grand Rounds care team collects and sends Bob's medical records to the orthopedic expert.





The care team finds a high-quality pain management specialist near Bob and schedules an appointment.



Bob shares the second opinion with the pain management specialist. They both agree he should try an intensive physical therapy program for back pain.

The Grand Rounds care team periodically checks in on Bob to see how he is doing. Bob's back feels a lot better with physical therapy. And he didn't have to deal with the costs, risks, or pain of back surgery.